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Сол ГАРФИЛД

практика
КРАТКОСРОЧНОЙ
психотерапии

2-е международное издание



 ПИТЕР®

Sol L Garfield

**THE PRACTICE
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 & Wiener, 1965, p. 66).

(Stieper & Wiener, 1959,1965).

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(V. Patterson, Levene, & Breger, 1977), 60 %

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(Weissman, Klerman, Prusoff, Sholomskas, & Padian, 1981),

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(Krupnick et al., 1996, p. 538).

(Sloane et al., 1975)

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-ker), (Stanley Messer), (John
Norcross), (Gerald Davison), -
(Arnold Lazarus) (Michael Mahoney), —

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Сол Гарфилд — доктор философии, почетный профессор психологии Вашингтонского университета; клинический психолог сухопутных войск США и главный клинический психолог госпиталей для ветеранов. Доктор Гарфилд занимает высокие посты во многих профессиональных сообществах, имеет множество престижных наград; он редактор и автор известных книг (в частности, *Psychotherapy: An Eclectic-Integrative Approach* и др.), а также более 150 статей в научных сборниках.

Книга дает целостное представление о краткосрочной психотерапии, предлагая материал, отражающий самые передовые тенденции в этой области — от недавних исследовательских разработок и нововведений в сфере страхования до новейших концепций и подходов в психотерапии. Второе издание содержит анализ последних исследований, направленных на оценку методов диагностики, принципов лечения, эффективности и «валидизированных форм» психотерапии. Шаг за шагом книга открывает перед современным клиницистом основные аспекты психотерапевтического процесса, проводит его по всем этапам психотерапии — от вводной беседы до окончания психотерапевтической работы и оценки проделанного. В ясной, доступной форме рассматривается каждая из составляющих краткосрочной психотерапии.

Материал, включенный в это издание, имеет особую ценность для психотерапевтов-практиков, а также для тех, кто обучается краткосрочной психотерапии и консультированию.

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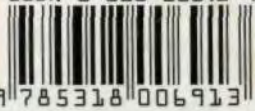
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